

# August Newsletter

## Looking Forward...

### Final Summer Happy Hour with Joe Garnier on Piano

**When?** Wednesday, August 10 at 3:30 pm

**Where?** Circle@Crown Cafe

**What?** Let's say goodbye to summer by enjoying root beer floats or ice cream sundaes while socializing with our Crown friends. Professional pianist Joe Garnier will play tunes from the past and present, taking your requests. Take advantage of this final summer happy hour to enjoy each other, summer treats, and good music. RSVP to 314-991-2055.



### Botanical Gardens Comes to Crown: Chinese Lantern Festival & Succulent Potting

**When?** Thursday, August 18 at 1:00pm

**Where?** Fitness Center in Tallin Building

**What?** Crown favorite Dave Reinol will show slides of the Chinese Lantern Festival at the Missouri Botanical Gardens. Join us on a photographic exploration of the Chinese Lantern Festival, touring the lanterns, constructed of silk, steel, porcelain and glass, as they were seen during the day as well as their spectacular showing at night. Dave will bring succulents from the Garden to pot and take home as well. Cost of program is \$2. RSVP to 991-2055.



### Miss Jubilee Old-Time Jazz & Blues Concert

**When?** Wednesday, August 24 at 4:00pm

**Where?** Circle@Crown Cafe

**What?** Miss Jubilee, a St. Louis favorite, will sing old-time jazz and blues, backed by the ragtime piano of Ethan Leinwand. Come ready to tap your feet and even dance to the energetic swank of this musical era. Feeling especially festive? Come wearing your ragtime loose dress and headband, or your bow-tie and fedora! Guaranteed good time. RSVP to 991-2055.



# Be Inspired By...

Opportunities to Experience in August



## Words of Wisdom

Rabbi Ze'ev Smason will share his wisdom and humor in a special series presented by Crown on the Road and Nusach Hari B'nai Zion. Gain a new perspective as he talks about *6 Keys to Living Long, and Living Well*. Enjoy a boxed lunch from Circle@Crown Cafe for a special Crown rate of \$3. Register at 991-2055 to take the van.

**Monday, Aug 8**  
**12:00pm**  
**Nusach Hari**  
**650 North Price**

Enjoy an  
Egg salad  
sandwich,  
chips &  
cookie



## NEW BOOK IDEAS

**NEW!**

Come to the Weinberg Library for *Book Talk*. Share a short summary of a favorite book you read this summer, and bring a notepad to write down book ideas that others share! Then enjoy browsing an exhibit from UCity Library of Summer Fiction.

**Thursday, Aug 11**  
**2:00pm**  
**Weinberg Library**



## story



**Wednesday, Aug 17**  
**2:00pm**  
**Tallin Theater**

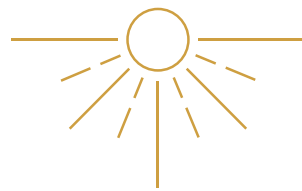
Listen to a complete short story, chosen by a resident, read aloud by Program Coordinator Kate Massot. Discussion following.

**"Reading gives us someplace to go when we have to stay where we are."**

Mason Cooley

# Be Inspired By...

Opportunities to Experience in August



## ART

New Artist in Residence  
MaryJo Clark, professional  
artist and art educator for  
over 30 years, will be leading  
a **Line Design Drawing Class**.

If you are new to art, now is  
the time to come and try it!

If you are an artist, come  
and further develop your  
drawing skills with MaryJo's  
expert guidance. \$2 fee.

RSVP to 991-2055.

**Thursday, Aug 25**

**2:00pm**

**Fitness Center**



## Trees



Prepare to be amazed by the  
ways trees interact with each  
other in their root systems. Did  
you know that trees talk, know  
family ties and care for their  
young? German forester Peter  
Wohlleben ('The Hidden Life of  
Trees') and scientist Suzanne  
Simard share their fascinating  
observations over decades of  
research in **Nature Documentary**

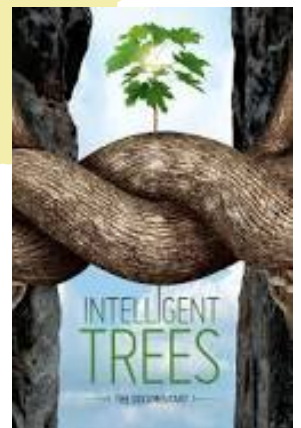
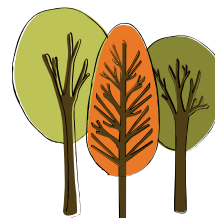
***Intelligent Trees.***

RSVP to 991-2055.

**Monday, Aug 22**

**3:00pm**

**Fitness Center**



# SUMMER TREATS IN AUGUST



*"Rejoice as summer should...chase away sorrows by living." — Melissa Marr*



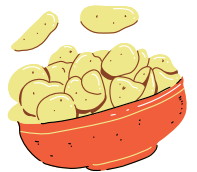
VS



## TELEVISED CARDINALS GAME

Come wearing your Cardinals gear and cheer on the Cards as they battle the Cubs! Enjoy soda pop and a variety of snacks as you watch comfortably in the Tallin Theater.

**Tuesday, August 23 1:20pm**  
**Tallin Theater**



## LUNCH TRIP TO SHAKE SHACK

Has it been a while since you've had a good burger? Or slurped a chocolate shake? Take a short ride on the van to enjoy lunch or a sweet treat at Shake Shack at Ladue Crossing.

SHAKE  
SHACK



**Monday, August 15**  
**Van leaves at 11:30am**

**RSVP for  
both  
programs:  
991-2055**

**Don't  
Forget!**

**ROOT BEER FLOATS AT THE  
SUMMER HAPPY HOUR ON  
AUGUST 10 AT 3:30!**







# MOVIE MATINEE

**AT CROWN'S TALLIN THEATER**

**RSVP 991-2055**

**Downton Abbey:  
A New Era (2022)**

The newest film adaptation of the popular TV series chronicling the lives of the British aristocratic Crawley family and their servants in the early twentieth century.



**Fences (2016)**

A working-class African-American father tries to raise his family in the 1950s, while coming to terms with the events of his life. Viola Davis won an Oscar for her role playing opposite Denzel Washington.



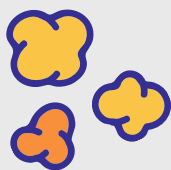
**Mission Impossible II  
(2000)**

The second movie in our Mission Impossible monthly series about IMF agent Ethan Hunt who is sent to Sydney to find and destroy a genetically modified disease called "Chimera."



**Pitch Perfect  
(2012)**

Beca, a freshman at Barden University, is cajoled into joining The Bellas, her school's all-girls singing group. Injecting some much needed energy into their repertoire. Comedic and Musical.



# CROWN ONGOING PROGRAMS

August 2022

## Blood Pressure Checks



Thursdays  
August 11 & 25  
@ 9:30--10:30am  
Weinberg Library

## DIGITAL SYMPHONY CONCERT RE-WIND

Because the symphony is off  
for the summer, we will  
watch and listen to a past  
favorite again:  
**Mozart's String Quintet**

## AUGUST GROCERY SHOPPING TRIP

**Tuesday, 8/16**  
**@ 1:00 pm**  
**Schnucks**

**RSVP**  
**314-991-2055**



**Wednesday, Aug 31 @ 4:00**  
**TALLIN FITNESS CENTER**  
**Viewed on large screen**



**LISTENING DEVICES  
AVAILABLE**



# August 2022

## MENU



Funding for program  
provided by Aging  
Ahead, Jewish  
Federation of St.  
Louis  
and Friends of  
Crown Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Meal Delivery Impossible Meat Tacos Corn Salad Beans Mixed Fresh Fruit	<b>2</b> Vegetable Pizza Side Salad Fresh Fruit Cookie	<b>3</b> Salisbury Steak Mashed Potatoes Green Beans Fresh Fruit	<b>4</b> Meal Delivery Fettuccini Alfredo Broccoli Soup Fresh Fruit	<b>5</b> Egg Salad Sandwich Garden Salad Soup Fresh Fruit
<b>8</b> Meal Delivery Hot Dog Cole Slaw Chili Mixed Fruit	<b>9</b> Vegetable Lasagna Broccoli Green Beans Soup of the Day Fresh Fruit	<b>10</b> Meatloaf Roasted Potatoes Roasted Zucchini Apple Cobbler	<b>11</b> Meal Delivery Lemon-Garlic Salmon Pasta Mushroom Barley Soup Broccoli Fresh Fruit	<b>12</b> Tuna Salad Sandwich Side Deli Salad Soup Fresh Fruit
<b>15</b> Meal Delivery Spaghetti & Meat Sauce Italian Salad Green Beans Fresh Fruit	<b>16</b> Bagel & Lox Spread Tomato, Cucumber, Onion Salad Blintz Souffle Fresh Fruit	<b>17</b> Chicken Paprikash Buttered Noodles Roasted Vegetables Split Pea Soup Fresh Fruit	<b>18</b> Meal Delivery Circle @ Crown Salad Vegetable Soup Roll Fresh Fruit	<b>19</b> Egg Salad Sandwich Garden Salad Soup Fresh Fruit
<b>22</b> Meal Delivery Breaded Fish Street Corn Vegetable Soup Fresh Fruit Cornbread	<b>23</b> Impossible Sloppy Joe Mashed Potatoes Fresh Fruit Biscuit	<b>24</b> Beef Stew Fresh Fruit Cornbread	<b>25</b> Meal Delivery Veggie Lo Mein Fresh Fruit Fortune Cookie	<b>26</b> Tuna Salad Sandwich Side Deli Salad Soup Fresh Fruit
<b>29</b> Meal Delivery Chicken and Noodles Corn Sweet Peas Fresh Fruit	<b>30</b> Grilled Salmon Broccoli Cauliflower Medley Minestrone Soup	<b>31</b> Chicken Schnitzel Lentil Soup Roasted Potatoes Cinnamon Baked Apple	<b>1</b> Meal Delivery Falafel Lettuce, Tomato, Onion Salad Hummus Fresh Fruit	<b>2</b> Egg Salad Sandwich Garden Salad Soup Fresh Fruit
	Notes			

8350 Delcrest Drive  
St. Louis, MO 63124

Gladys & Henry  
**crown  
center**  
for Senior Living

[crowncenterstl.org](http://crowncenterstl.org)  
314-991-2055

# Summer

Find and circle all of the summer words that are hidden in the grid.  
The remaining letters spell an additional summer item.

J	U	N	E	S	T	S	S	S	S	Y	K	S	E	U	L	B	M
U	S	M	E	A	U	Y	E	O	U	H	I	K	I	N	G	S	A
S	M	W	E	E	A	N	L	U	B	N	W	A	S	E	Y	R	E
U	T	W	I	R	R	S	G	I	C	A	B	L	N	A	R	E	R
N	S	H	V	M	T	C	C	L	T	E	A	U	D	T	V	L	C
T	Y	U	G	I	M	Y	S	E	A	D	B	I	R	S	S	K	E
A	G	L	C	I	C	I	R	N	N	S	L	R	R	N	D	N	C
N	R	E	U	L	F	M	N	A	U	O	S	E	A	R	G	I	I
O	E	A	E	J	E	R	S	G	H	S	W	E	A	B	N	R	C
S	E	D	A	L	B	R	E	L	L	O	R	O	S	R	I	P	R
C	N	A	O	F	L	O	G	T	L	T	B	T	E	E	T	S	E
H	G	N	I	H	S	I	F	F	A	E	O	A	E	E	A	H	C
O	R	C	A	M	P	I	N	G	T	W	T	H	B	Z	O	C	C
O	A	C	I	N	C	I	P	A	W	A	S	P	S	E	B	A	O
L	S	F	L	I	E	S	K	M	O	S	Q	U	I	T	O	E	S
T	S	U	G	U	A	S	I	L	L	A	B	E	S	A	B	B	O
G	N	I	N	E	D	R	A	G	S	U	N	S	H	I	N	E	N

ANTS  
AUGUST  
BARBECUE  
BASEBALL  
BEACH  
BEES  
BICYCLE  
BLUE SKY  
BOATING  
BREEZE  
CAMPING

FISHING  
FLIES  
FLOWERS  
GARDENING  
GOLF  
GREEN GRASS  
HAT  
HIKING  
HOLIDAYS  
HOT  
ICE CREAM

JULY  
JUNE  
MOSQUITOES  
NO SCHOOL  
PICNIC  
ROLLER BLADES  
SANDALS  
SKATEBOARD  
SOCCER  
SOLSTICE  
SPRINKLERS

SUNBURN  
SUNGLASSES  
SUNSCREEN  
SUNSHINE  
SUNTAN  
SWEAT  
SWIMMING  
U V RAYS  
WASPS  
WATER FIGHTS  
WATERMELON

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