

June Newsletter

Looking Forward...

Karlovsky Dance Co. *About Dance* Performance

When? Wednesday, June 8 at 4:00 pm

Where? Circle@Crown Cafe

What? Dawn Karlovsky's dance company returns to Crown to perform contemporary modern dance. Come and enjoy their newest work, INTERWOVEN II, which was recently performed at the Grandel Theater. This dance, inspired by nature and the language of trees, will bring stories to life through innovative choreography. RSVP to 314-991-2055.



Micah Turnbough Concert

When? Tuesday, June 21 at 4:00 pm

Where? Circle@Crown Cafe

What? Accomplished vocalist Micah Turnbough will be singing a wide range of songs from Frank Sinatra, Billy Joel, Michael Buble, Stevie Wonder, Bruno Mars and Maroon 5. Come and enjoy his amazing vocal talent and musical range. RSVP to 314-991-2055.



Juneteenth Celebration Documentary: *I Am Not Your Negro*

When? Monday, June 20 at 3:00pm

Where? Tallin Fitness Center

What? Juneteenth, officially Juneteenth Independence Day, also called Emancipation Day, is a federal holiday commemorating the emancipation of enslaved African-Americans in the United States. Juneteenth's commemoration is on the anniversary of June 19, 1865, when the last slaves in Texas were proclaimed free. *I Am Not Your Negro* is a 2016 documentary film based on James Baldwin's writings which explores the history of racism in the U.S. discussion following the viewing. Refreshments provided. RSVP to 991-2055





SCHOOL OF CROWN

Opportunities to Learn in June

Gladys & Henry
crown
center
for Senior Living



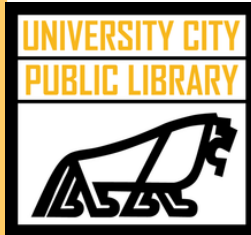
LISTENING DEVICES
AVAILABLE



UCity Library Visit: Biography Exhibit

Are you looking for new reading options?
Resident Librarian David Bowser will bring a sampling of the latest and greatest biographies.

Thursday, June 9
2:30pm
Weinberg Library



Learn
New
Things!



Short Story Reading

A short story by Truman Capote will be read aloud by Program Coordinator Kate Massot. Personal responses and discussion following.

Thursday, June 16
2:30pm
Fitness Center RSVP
991-2055

Nature Docu Film Octopus: Making Contact

In this PBS nature documentary, follow a professor as he raises and studies an octopus in his home, making discoveries about its intelligence, personality and skills. Octopuses can recognize faces!



Monday, June 6
3:00pm
Fitness Center
RSVP 991-2055

Protect Yourself From Financial Abuse

Lauree Peterson-Sakai, financial fraud expert, will be teaching us proactive ways to protect our finances from scammers.

Wednesday, June 15
3:30pm
Circle@Crown Cafe
RSVP 991-2055





Hands-On @ Crown

Opportunities to Learn by DOING in June

Gladys & Henry
crown
center
for Senior Living

Growing Herbs Indoors



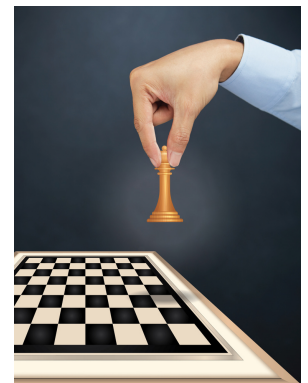
Would like to put fresh herbs on your food to jazz up your summer meals? Come learn how to pot and care for herbs indoors. Soil and a variety of herb starters provided, but bring your own containers or pots. \$2 Fee.

• Thursday •
June 23
Tallin Green
1:00pm
RSVP 991-2055



Games & More with Ellie Jick

Ellie Jick, long-time volunteer at Crown Center is back! Ellie will be leading and/or teaching a variety of games such as cards, trivia, word games, Banana Grams, and more. She will also have art supplies and adult coloring books. Come play and hang out together in the Cafe.



Mondays
June 13 & 27
Crown Cafe
3:30pm
RSVP 991-2055

Learn Basic Sign Language with Ellie Jick

Ellie Jick will be teaching greetings and basic words in sign language. This informal class is designed to be welcoming to all non-English speakers. Stretch your mind and your fingers to learn a new skill and way of communicating!



Wednesday
June 22
Crown Cafe
3:30pm
RSVP 991-2055



Tallin Green is the green space at the Tallin entrance with outdoor tables and chairs.



LET'S GO OUTSIDE TO...



WALKING CLUB

Beginning on June 2 at 10:00am, meet weekly in the Cafe to take a walk together on Delcrest Drive in the neighborhoods. Walking is always better with company!



CELEBRATE

Tuesday, June 14

3:30pm

RSVP 991-2055



SUMMER KICK-OFF HAPPY HOUR

Let's celebrate the beginning of summer together on the Tallin Green. Mocktails and appetizers served by staff with cool jazz playing in the background.

HOUSE & GARDEN TOUR



Take a short bus ride to visit the lush garden and beautiful historic home of Tricia Falmer, daughter of Crown resident Sandy Moreno. Receive a tour of the garden in bloom as well as a history tour of the house. Spaces limited.

Friday
June 10
1:00pm



MOVIES @ CROWN

RSVP to 991-2055

Every Friday at 2pm Tallin Theater

JUNE 3 YESTERDAY (2019)

A struggling musician realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate reality where they never existed. Performing songs by the greatest band in history to a world that has never heard them, Jack becomes an overnight sensation.



COMEDY, ROMANCE, MUSIC



JUNE 10 3PM BELFAST (2021)

Kenneth Branagh writes and directs this personal film about a young boy coming of age in 1969 Belfast, Northern Ireland. His stable and loving community is changed forever but joy, laughter and music remain. Received 7 Oscar nominations including best picture. **NOTE TIME CHANGE ON THIS DAY**

COMING OF AGE DRAMA



JUNE 17 GREEN BOOK (2018)

Inspired by the true story of the 1962 tour of the Deep South by African-American pianist Don Shirley and Italian-American bouncer Frank "Tony Lip" Vallelonga, who served as Shirley's driver and bodyguard. Academy Award Winner for Best Picture of 2018.

BIOGRAPHICAL DRAMA, COMEDY

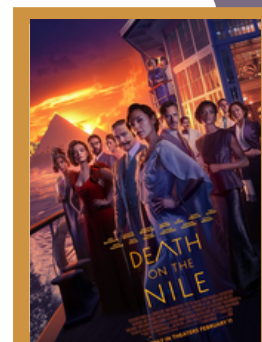


JUNE 24 DEATH ON THE NILE (2022)

Hercule Poirot's Egyptian vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short. In traditional Agatha Christie style, the plot twists and turns to leave audiences guessing until the final, shocking denouement.



COMEDY, ROMANCE, MUSIC



LISTENING DEVICES
AVAILABLE



CROWN ONGOING PROGRAMS

June 2022

Blood Pressure Checks



AW HEALTH CARE
healthy mind. healthy body.



Thursdays

June 2, 16 & 30

@ 9:30--10:30am

Weinberg Library

DIGITAL SYMPHONY CONCERTS CONTINUE

Thursday, June 16 @ 4:00

Wednesday, June 29 @ 4:00

TALLIN FITNESS CENTER

Viewed on large screen



St. Louis Symphony Orchestra

JUNE GROCERY SHOPPING TRIPS

Tuesday, 6/7

@ 1:00pm

Aldi

Tuesday, 6/14

@ 1:00pm

Schnucks

Tuesday, 6/21

@ 1:00pm

Walmart

Tuesday, 6/28

@ 1:00pm

Schnucks

RSVP

314-991-2055

June 2022



Funding for program
provided by Aging
Ahead, Jewish
Federation of St. Louis
and Friends of
Crown Center

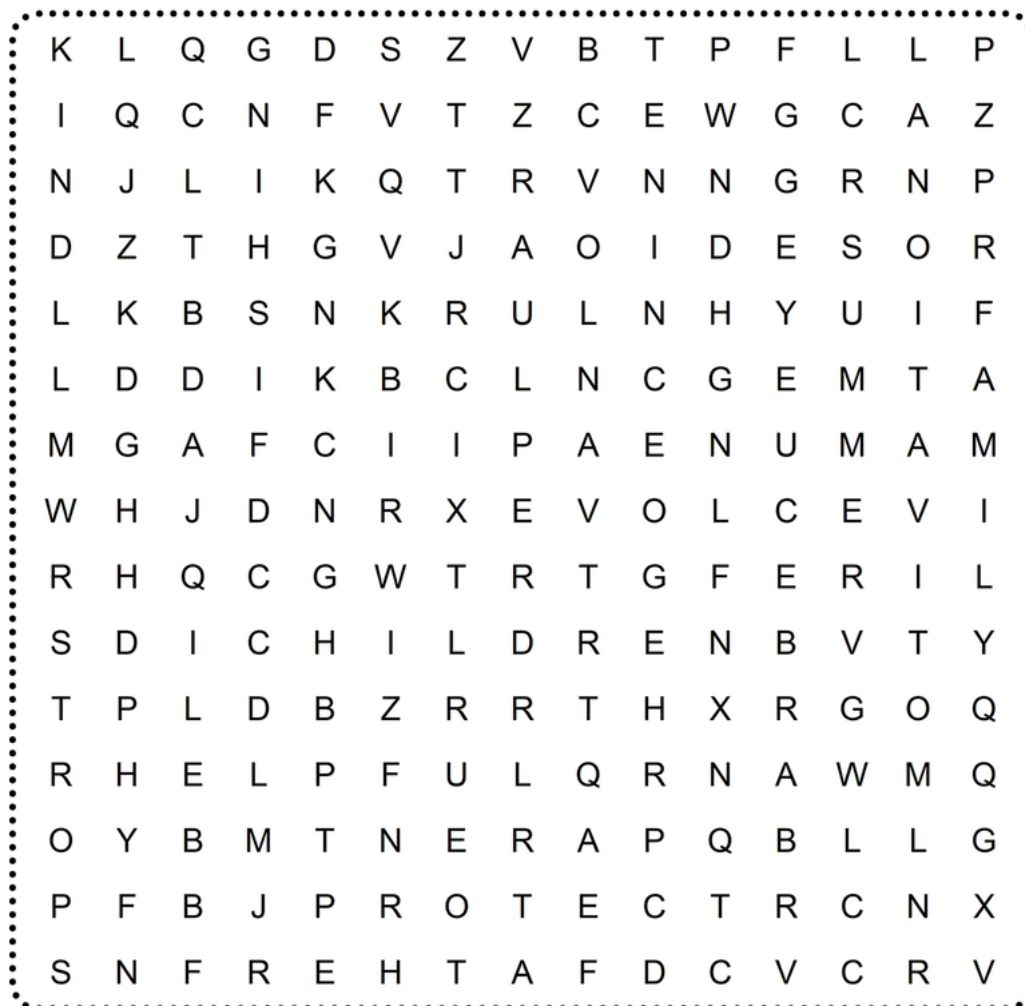
MENU

Monday	Tuesday	Wednesday	Thursday	Friday
30 Impossible Meat Tacos Corn Salad Beans Mixed Fresh Fruit	31 Meal Delivery Vegetable Pizza Side Salad Fresh Fruit Cookie	1 Salisbury Steak Mashed Potatoes Green Beans Fresh Fruit	2 Meal Delivery Veggie Lo Mein Fresh Fruit Fortune Cookie	3 Tuna Salad Sandwich Side Deli Salad Soup Fresh Fruit
6 * Spaghetti & Meat Sauce Italian Salad Green Beans Fresh Fruit	7 Meal Delivery Bagel & Lox Spread Tomato, Cucumber, Onion Salad Blintz Souffle Fresh Fruit	8 Chicken Paprikash Buttered Noodles Roasted Vegetables Split Pea Soup Fresh Fruit	9 Meal Delivery Circle @ Crown Salad Vegetable Soup Roll Fresh Fruit	10 Egg Salad Sandwich Garden Salad Soup Fresh Fruit
13 Meal Delivery Hot Dog Cole Slaw Chili Mixed Fruit	14 Vegetable Lasagna Broccoli Green Beans Soup of the Day Fresh Fruit	15 Beef Stew Fresh Fruit Cornbread	16 Meal Delivery Lemon-Garlic Salmon Pasta Mushroom Barley Soup Broccoli Fresh Fruit	17 Tuna Salad Sandwich Side Deli Salad Soup Fresh Fruit
20 Meal Delivery Breaded Fish Street Corn Vegetable Soup Fresh Fruit Cornbread	21 Impossible Sloppy Joe Mashed Potatoes Fresh Fruit Biscuit	22 Meatloaf Roasted Potatoes Roasted Zucchini Apple Cobbler	23 Meal Delivery Chicken Florentine Rice & Bean Medley Green Beans & Roasted Peppers Fresh Fruit	24 Egg Salad Sandwich Garden Salad Soup Fresh Fruit
27 Meal Delivery Chicken and Noodles Corn Sweet Peas Fresh Fruit	28 Grilled Salmon Broccoli Cauliflower Medley Minestrone Soup	29 Chicken Schnitzel Lentil Soup Roasted Potatoes Cinnamon Baked Apple	30 Meal Delivery Falafel Lettuce, Tomato, Onion Salad Hummus Fresh Fruit	1 Tuna Salad Sandwich Side Deli Salad Soup Fresh Fruit
Notes <p>* The Circle @ Crown Cafe will be closed on June 6th in observance of Shavuot, Meals will be delivered on Tuesday June 7 *</p>				

8350 Delcrest Drive
St. Louis, MO 63124

crowncenterstl.org
314-991-2055

FATHER'S DAY WORD SEARCH



BARBECUE
BRAVE
CHILDREN
DAD
FAMILY

FATHER
FISHING
GRILLING
HELPFUL
JUNE

KIND
LOVE
MOTIVATIONAL
PARENT
PICNIC

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